



Collingwood School & Nursery



Lunch menu – Autumn 2022

with Chef Olufunke 'Funky Fresh Foods'

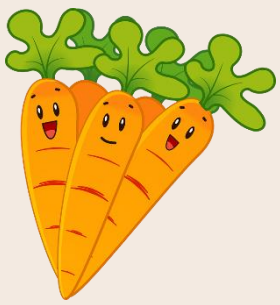
Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
BBQ chicken & golden rice (1)	cottage pie (1,2)	roast chicken with roast potatoes & gravy	cheese & tomato pizza (v) (2,7)	fish & chips with tomato sauce (5)
mac & cheese (2,7,14)	vegetable curry with rice (1,2)	vegan sausage rolls and baked beans (2)	tomato & basil pasta bake (2,7)	Cheese and tomato tart (2,7)
jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans
super greens (1)	cauliflower & broccoli	broccoli & sweetcorn	mixed vegetables	peas & baked beans
peach crumble with custard (2,7)	orange jelly (v) with mandarin	plain flapjack (2)	vanilla iced shortbread (2,7)	chocolate cake with sauce (2,4,7)

Freshly baked bread, salad, fresh fruit and yoghurt will be served daily

allergy information

1: celery 2: cereal/gluten 3: crustaceans 4: eggs 5: fish 6: lupin 7: milk 8: molluscs 9: mustard 10: nuts 11: peanuts 12: sesame seeds 13: soya 14: sulphur dioxide



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Week 2



Monday	Tuesday	Wednesday	Thursday	Friday
lamb spaghetti bolognese (2)	chicken & sweetcorn pizza (2,7)	beef wrap with basmati rice (2,7)	chicken pie, mash & gluten free gravy (4,2,7)	beef burger with chips (2, 13, 14)
vegetable curry with rice (1,2 & lentils)	vegetarian bean risotto (2)	vegetarian bolognese (2)	roast vegetable tart with new potatoes (2,7)	vegetarian pie (2,4)
jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans
broccoli & carrot	super greens	peas & sweetcorn	green beans & cauliflower	baked beans and peas
apple & pear crumble with custard (2,7)	chocolate & banana cake with custard(2,4,7)	coconut & cinnamon rice pudding (7)	jam sponge with custard (2,4,7,14)	banana flapjack (2)
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Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
chicken korma with rice (2,7)	lamb pasta bake (2,7)	Jerk chicken with rice (1)	minced beef & onion pie with mashed potatoes (2,4)	fish fingers & chips (5)
cheese hot pie (2,7)	Quorn vegan nugget with new potatoes (2)	Vegan meatballs with pasta (2)	vegetable wrap with basmati rice (2,7)	'fishless' finger with chips (2)
jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans	jacket potato & cheese (7) or beans
mixed vegetables	super greens	broccoli & carrots	cauliflower & sweetcorn	peas & baked beans
mixed berry crumble with custard (2,7)	carrot cake with cream cheese frosting (2,4,7)	banana & blueberry muffin (2,4,7)	strawberry jelly (v) with peach slices	homemade biscuit (2,7)

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allergy information

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