



Collingwood School PSHE, RSE & Citizenship PLANNING OVERVIEW

Year group	Autumn Term	Spring Term	Summer Term
Early Years	<p>PSHE: New beginnings</p> <p>News time: News round/discussion</p> <p>RSE – Myself and Others</p>	<p>PSHE: Good to be me</p> <p>News time: News round/discussion</p> <p>RSE: Family and people who care for me</p>	<p>PSHE: Changes</p> <p>News time: News round/discussion</p> <p>RSE: Caring Friendships</p>
1	<p>Me Time/PSHE: (SEAL) New Beginnings Getting on and Falling out</p> <p>Our World:(ESR) Being Kind to You and Me (ESR) Thanks for Everything</p> <p>RSE: Myself and Others Body Parts</p>	<p>Me Time/PSHE: (SEAL) Going for goals Good to be me</p> <p>Our World: (ESR) Why is Nature Special? (ESR)</p> <p>RSE: Family and People who care for me</p>	<p>Me Time/PSHE: (SEAL) Relationships Changes</p> <p>Our World: (ESR) Where is Water?</p> <p>RSE: Caring Friendships Respectful Relationships</p>
2	<p>Me Time/PSHE: (SEAL) New Beginnings Getting on and Falling out</p> <p>Our World: (ESR) Linking Local Wildlife (ESR)</p> <p>RSE: Being Safe</p>	<p>Me Time/PSHE: (SEAL) Going for goals Good to be me</p> <p>Our World: (ESR) Spr : Being Kind to you and me</p> <p>RSE: Respectful Relationships Body Development</p>	<p>Me Time/ PSHE: (SEAL) Relationships Changes</p> <p>Our World: (ESR) Where does this come from? (ESR)</p> <p>RSE: Looking after the body</p>
3	<p>Our World What is happiness? Know Better, Do Better</p> <p>Me Time New beginnings Welcoming someone new Creating a community Belonging Gifts and talents</p> <p>RSE: Self Esteem</p>	<p>Our World What is Biodiversity? Reduce, Reuse, Recycle?</p> <p>Me Time Getting on and falling out Making and sustaining friendships Seeing things from another point of view</p> <p>RSE: Caring Friendships Respectful Relationships</p>	<p>Our World Moral responsibility The Local area (joint with 4A)</p> <p>Me Time Creating a safe school What is Bullying? / Becoming a 'telling' school</p> <p>RSE: Being Safe</p>
4	<p>Our World What is Fair Trade? I Speak for the Trees</p> <p>Me Time New Beginnings Getting on and Falling out</p> <p>RSE: Caring Friendships Change</p>	<p>Our World Saving Water Reduce, Reuse, Recycle</p> <p>Me Time Going for goals Good to be me</p> <p>RSE: Family and People who care about us Online Relationships</p>	<p>Our World Moral Responsibility Local Area (Joint with 3A)</p> <p>Me Time Relationships Changes</p> <p>RSE: Puberty</p>
5	<p>Our World What is wealth?</p> <p>Me Time New Beginnings Getting on and Falling out</p> <p>RSE: Respectful Relationships</p>	<p>Our World People and Planet</p> <p>Me Time Going for goals Good to be me</p> <p>RSE: Families and people who care form</p>	<p>Our World Just One Change</p> <p>Me Time Relationships Changes</p> <p>RSE: Online Relationships Reproduction and Pregnancy</p>
6	<p>Our World: What the Oceans Give Us</p> <p>Me Time: Handling stress Organising my time</p> <p>RSE: Respectful Relationships Being Safe</p>	<p>Our World: Circular economies</p> <p>Me Time: Understanding and handling feelings Communicating effectively</p> <p>RSE: Caring Friends Family and people who care for me</p>	<p>Our World: Water in our World</p> <p>Me Time: Finding ways to handle fear and anxiety Saying goodbye and moving on</p> <p>RSE: Sexual reproduction, consent, sexual health</p>